



BUSINESS/CIVIC  
LEADERSHIP  
FORUM

Spring 2024





# Welcome



**CENTER for HOUSTON'S FUTURE**

**WELCOME!**

IDENTIFY

INFORM

ENCOURAGE

ENGAGE

INSPIRE

**BUSINESS & CIVIC LEADERSHIP FORUM**

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# CLASS of Spring 2024



<b>Christina Allen</b> Family Time Crisis & Counseling Center	<b>Jason Fischer</b> Houston Methodist	<b>Brandon Kahn</b> Alley Theatre	<b>Dr. Jobi Martinez</b> Harris Health
<b>David Ammons</b> Haynes and Boone, LLP	<b>Yolanda Guillory</b> Reliant	<b>Andrew Knuppel</b> Asakura Robinson Company	<b>Chelsea Reeder</b> Amegy Bank
<b>Donna Beecroft</b> Memorial Hermann Health System	<b>Sravani Gullapalli</b> Shell Global Solutions	<b>Maria Magee</b> Interfaith Ministries for Greater Houston	<b>Laurel Rutledge</b> LKR Group
<b>Leah Casey</b> Chevron	<b>Maya Houston</b> HARC	<b>Carrie McCoy</b> Comcast	<b>Jerry Twardowski</b> Silver Eagle
<b>Ashley Cheatham</b> Port Houston	<b>La Nita Jackson</b> Silver Eagle	<b>Michael Migaud</b> Public Management, Inc.	<b>Blake Vacek</b> Marek Brothers
<b>Nathalie Dave</b> Keller Williams	<b>Porsche Jackson PHD</b> City of Houston	<b>Donielle Miller</b> Lone Star College	<b>Loretta Williams Gurnell</b> SUPERGirls Shine
<b>JP Dowling</b> NRG Energy	<b>Olivia Jankovska</b> City of Houston	<b>Tracie Morden</b> American Heart Association	

**CHF STAFF**  
**Brett Perlman**, President & CEO  
**Russell Richard**, SVP - Leadership Initiatives, Alumni Engagement, Community Outreach

**FACILITATION TEAM – JDGAdvisors**  
**Joni D. Goodman**, CPTD, CDTLF  
**Meg Ratto** - Graphic Facilitator  
**Sharon Nasr** – Admin and Virtual Producer





# Welcome Reception Day 1

We first met on March 13, 2024 for a Welcome Reception of the Spring 2024 Leadership Forum at the Center for Houston's Future offices. Russell Richard, SVP of Leadership Initiatives, Alumni Engagement, and Community Outreach, welcomed the class and thanked everyone for their participation. Brett Perlman, President & CEO, informed us about the great work of the Center.



# Session 2: Galveston

On Wednesday March 20, we kicked off the forum at the Tremont House in Galveston, with dinner, introductions, and a visit from BOI and former board member, Shrub Kempner, who gave us a brief history of the Galveston.



# Understanding the Houston Region

After dinner, Russell Richard, the center's SVP of Leadership Initiatives, Alumni Engagement, and Community Outreach took us on a journey through the Houston region's development from the bold and improbable founding of Houston by the Allen brothers in 1836 to the current day as the fourth largest and most culturally diverse metropolitan area in the nation. Russell, guided the discussion and together we examined the role civic leadership has played in the growth and success of the region, and noted the patterns, values and guiding principles that are in evidence throughout our history.



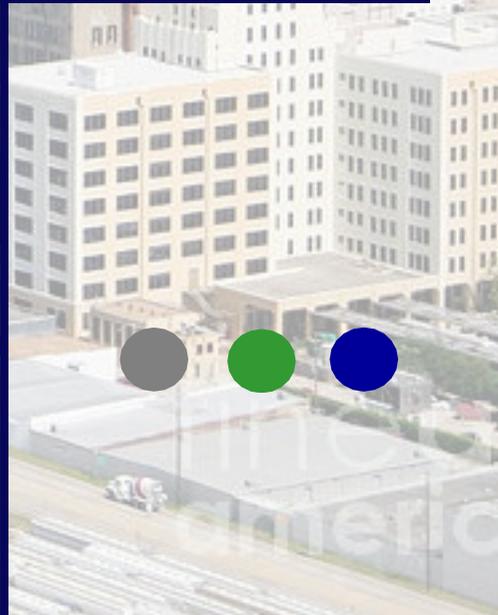
# Session 3: Galveston - Morning Reflections



# Speed Networking



# “The Tangled Web We Weave”



# Human Bingo



# Tallest Tower Team Building





# Tallest Tower Team Building



# Session 4: Addressing Systemic Issues

## Affordable Housing

Joy Horak-Brown



# Education

## Audrey Momanaee



# HOUSTON ISD BY: AUDREY MOMANAEE

WHAT ARE WE DOING FOR OUR KIDS?

PERFORMING BELOW AVERAGE IN MATH & READING

GOALS → LESSEN THE ACHIEVEMENT GAPS... BETWEEN PAGES

OUR MANTRA...  
STUDENT OUTCOMES  
DON'T CHANGE UNTIL  
ADULT BEHAVIORS CHANGE

LONE STAR GOVERNANCE  
SET GOALS & MONITOR THEM

DATA... FOUND ONLINE → GOOD REASON HOUSTON

WE WANT COMMUNITY PARTNERSHIPS

THERE IS... LESS AUTONOMY FOR SCHOOLS, BUT... MORE ACCOUNTABILITY

UNPAID VOLUNTEER POSITION 9 SCHOOL BOARD MEMBERS VARIETY OF BACKGROUNDS

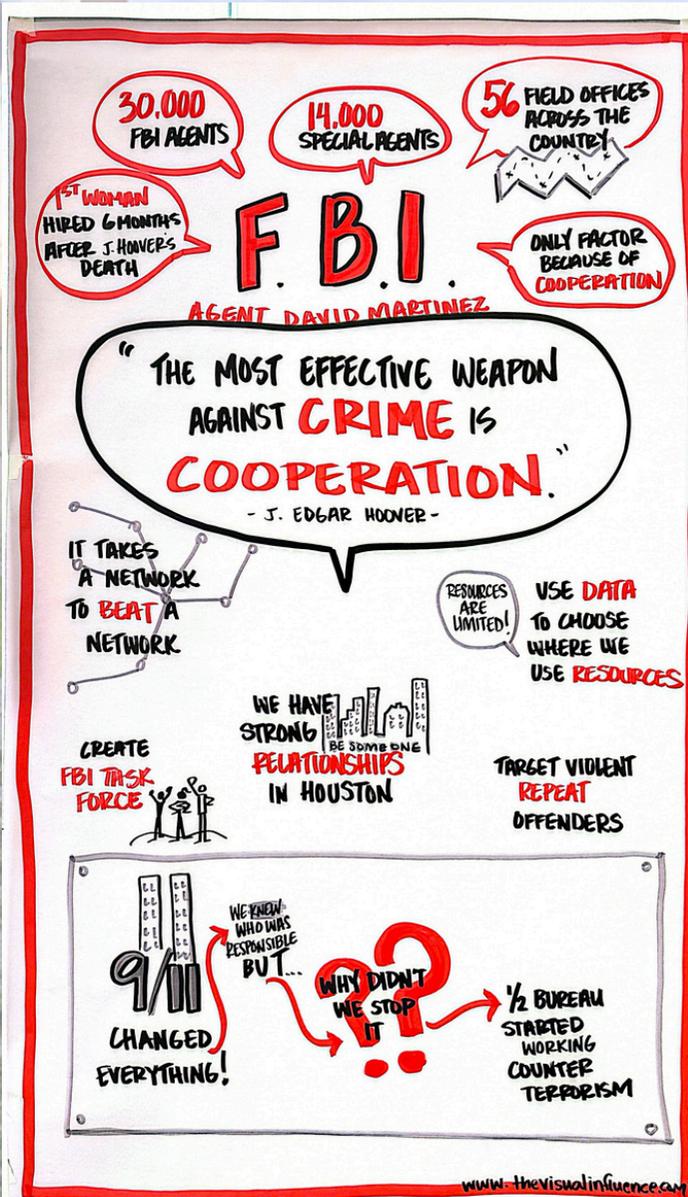
### EXIT CRITERIA: (NEED ALL 3)

- NO MORE MULTI-YEAR FAILING CAMPUSES
- SPECIAL EDUCATION IN COMPLIANCE WITH THE LAWS
- GOVERNANCE OF THE BOARD

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# Crime

## David Martinez



# Healthcare

## Dr. Hardeep Singh





# Session 5

# Diversity, Equity & Inclusion LaTanya Flix



# Diversity, Equity & Inclusion

## LaTanya Flix



**COMPOSITION**  
ACROSS ALL FACETS OF IDENTITY

**OUTCOME**  
WHEN FACTORS OF IDENTITY AREN'T PREDICTORS OF MY OUTCOME & PEOPLE GET WHAT THEY NEED

**EXPERIENCE**  
SENSE OF BELONGING

**DIVERSITY EQUITY & INCLUSION**

- LaTanya Flix -

**5C's of Inclusive Leadership**

- COMMITMENT** (with a checkmark icon)
- COLLABORATION** (with a lightbulb icon)
- CULTURE INTELLIGENCE** (with a globe icon and subtext: SOCIAL, EMOTIONAL, RELATIONSHIP)
- COGNIZANCE**
- CURIOSITY** (with question mark icons)

HOUSTON: MOST DIVERSE CITY IN THE U.S. | IMPACT THROUGH INITIATIVES | COLLABORATION DRIVEN BY LEADERS

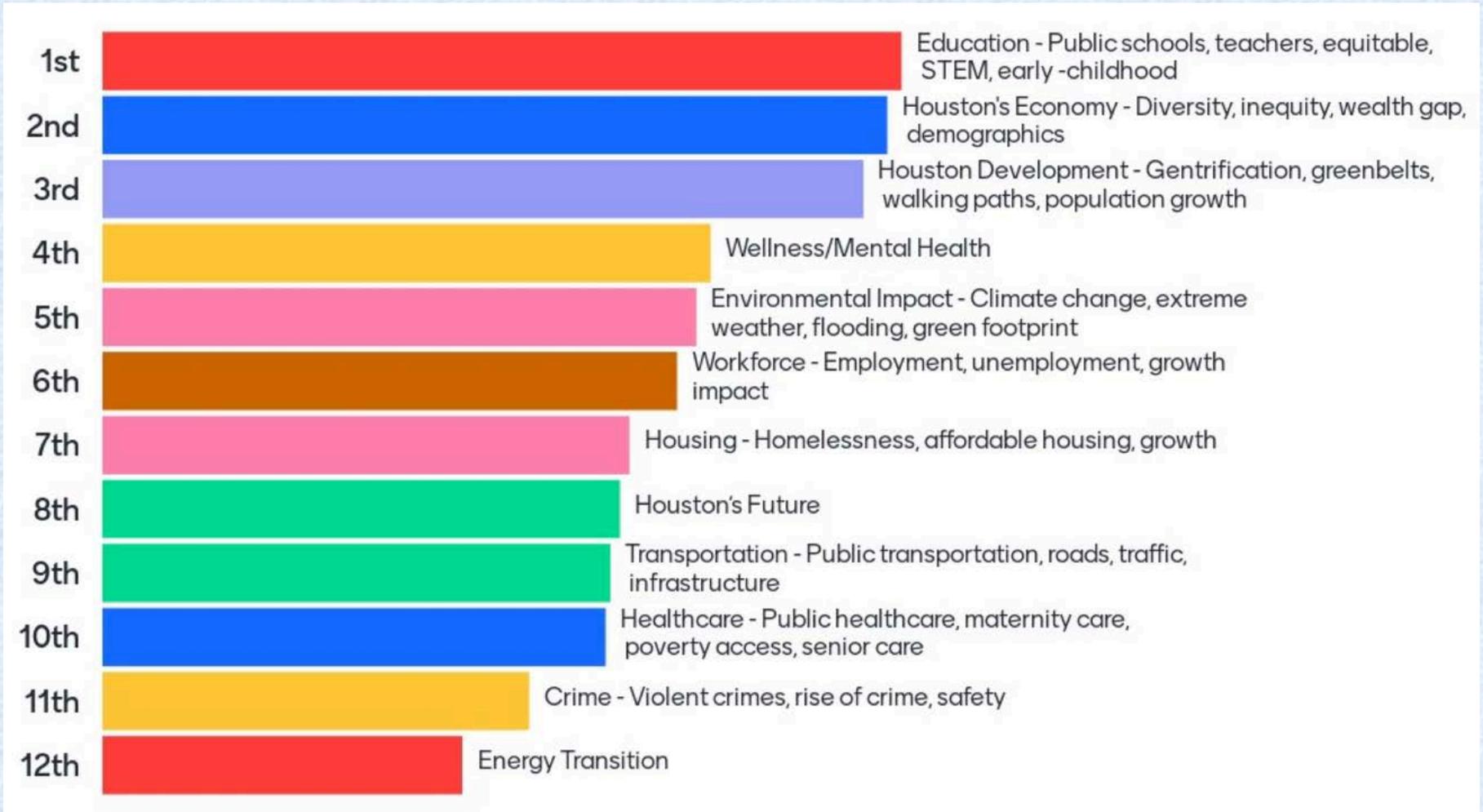
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# Learning Journey Selection

Making The Most Of Your Forum Experience



## Learning Journey Ranking

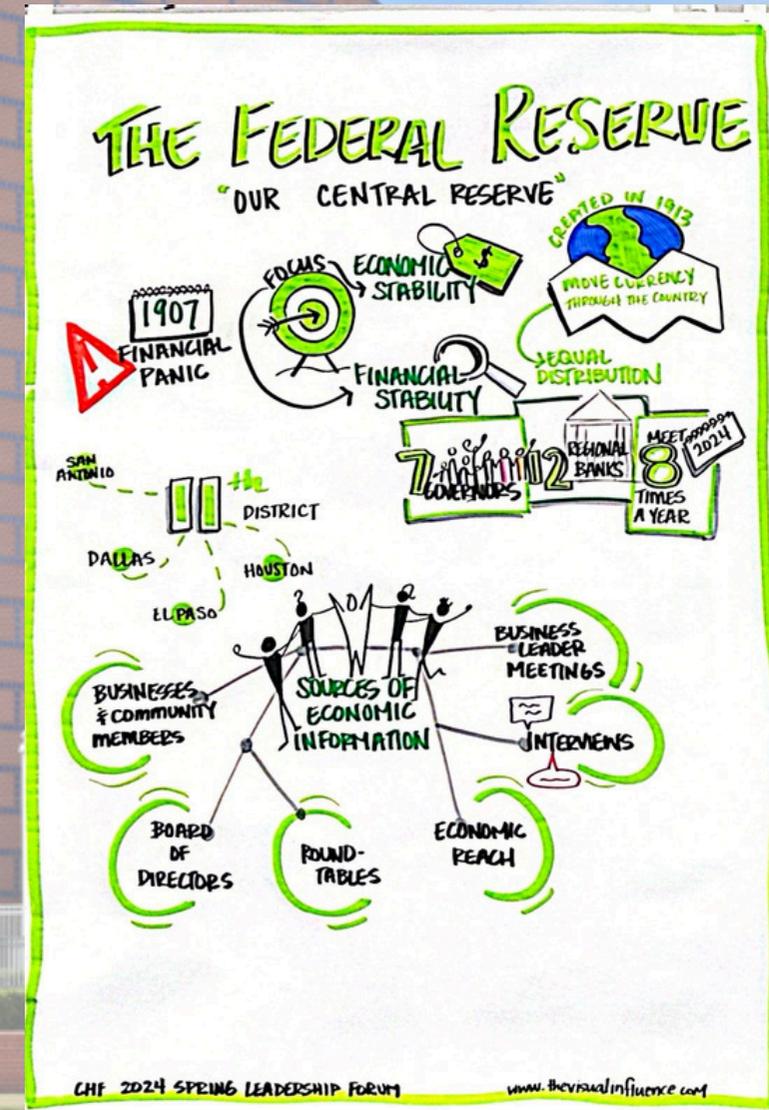
The top four were chosen to be our Learning Journey Team topics

# Session 6: Happy/Social Hour

Hosted at The Marek Brothers head office with guest speaker Stan Marek discussing the topic of immigration in Houston



# Session 7: The Federal Reserve Bank Christopher Schreck



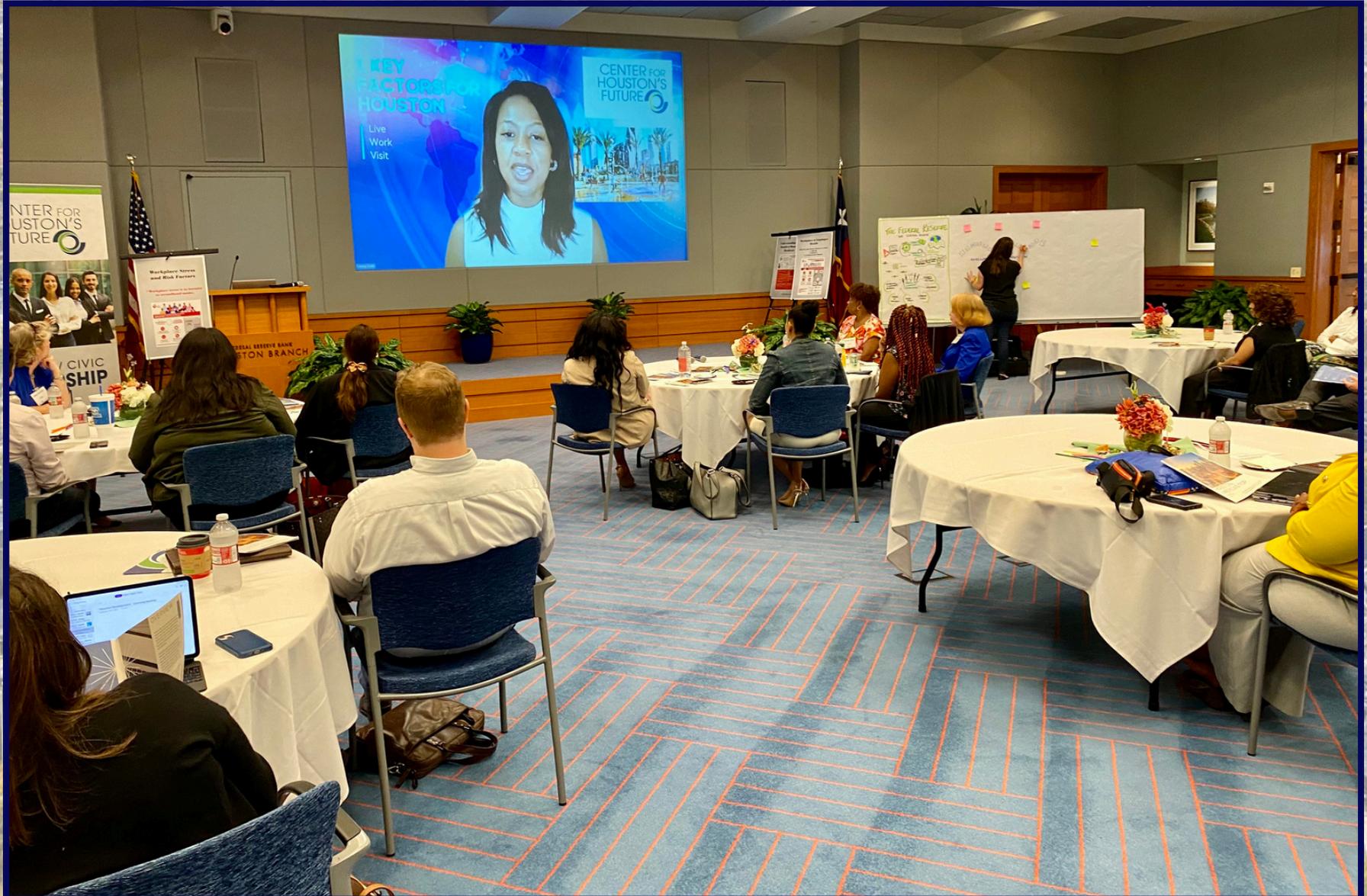
# The Federal Reserve Bank





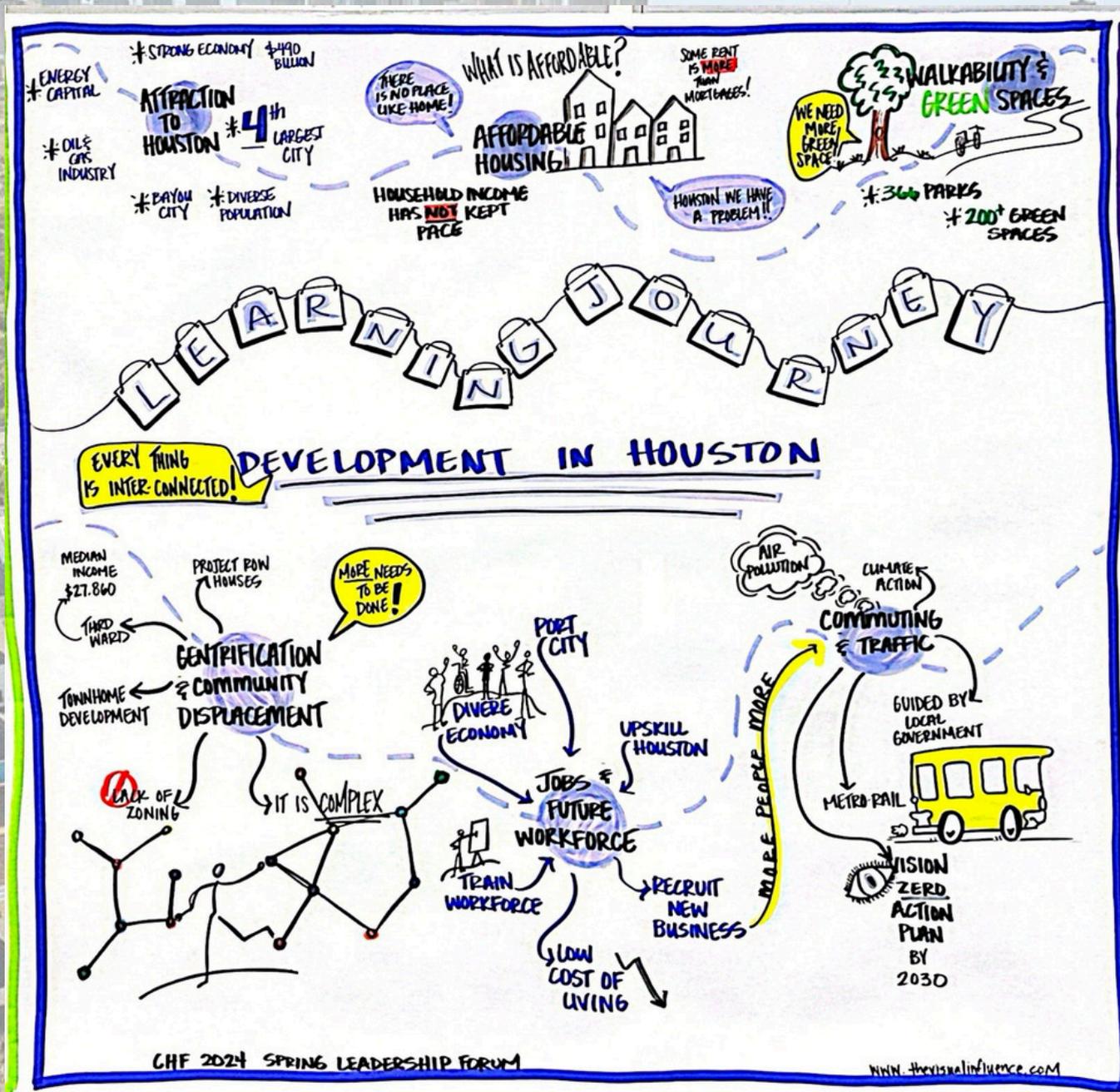
# Learning Journey Presentations

## Houston Development



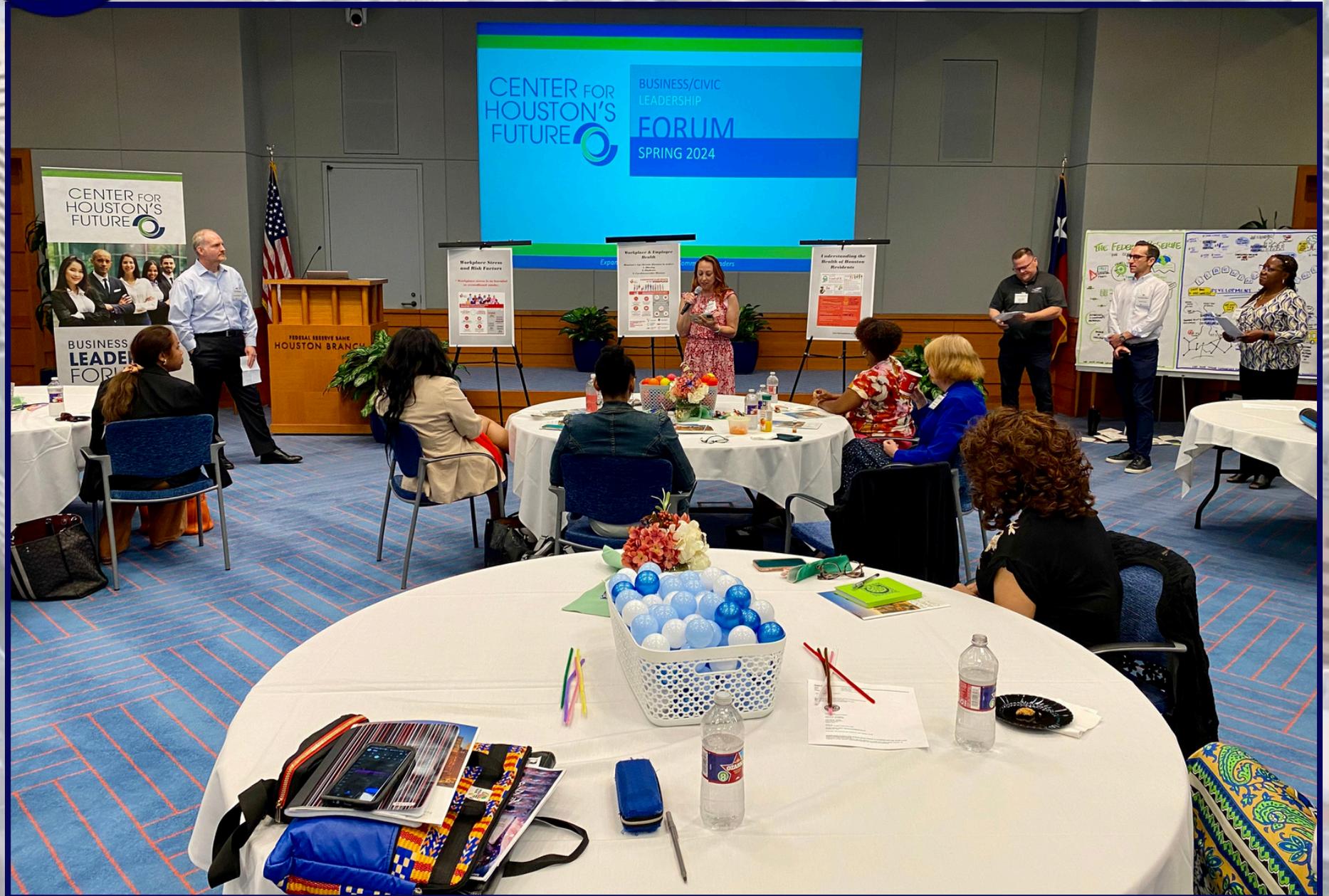


# Houston Development





# Wellness/Mental Health



# Wellness/Mental Health

**1 OUT OF 8** EXPERIENCED MENTAL DISTRESS

**1 IN 6** ADULTS ARE FOOD INSECURE

**1 IN 4** ADULTS DON'T GET ENOUGH EXERCISE

**1 IN 3** ADULTS LIVE WITH OBESITY

WOMEN BRING...  
 (21% PERFORMANCE)  
 (8% INNOVATION)

90% MEDICAL COSTS ARE SPENT ON PREVENTABLE MEASURES

33% FEEL EXTREME STRESS

47% HAVE SLEEP AFFECTED DUE TO STRESS

82% LARGE  
 53% SMALL COMPANIES HAVE WELLNESS PROGRAMS... BUT LOW PARTICIPATION!

88% COMPANIES OFFER FLEX SCHEDULES

45% OF CAREGIVERS ARE IN MEDIAN AGE 33-34

YOU ARE A CAREGIVER

DIAGNOSED WITH MEDICAL CONDITION

DON'T KNOW YOUR #s

PUT OFF MEDICAL CARE

(PICKED UP UNHEALTHY HABITS)

NOT ENOUGH EXERCISE

WORK MORE THAN 40 HOURS

TAKE CARE OF YOURSELF

**LEARNING JOURNEY**

**WELLNESS/MENTAL HEALTH**

HOUSTON'S TOP CHRONIC DISEASES...  
 1 OBESITY  
 2 DIABETES  
 3 CARDIOVASCULAR DISEASE

"WORKPLACE STRESS IS AS HARMFUL AS SECONDHAND SMOKE."

MAY IS MENTAL HEALTH AWARENESS MONTH

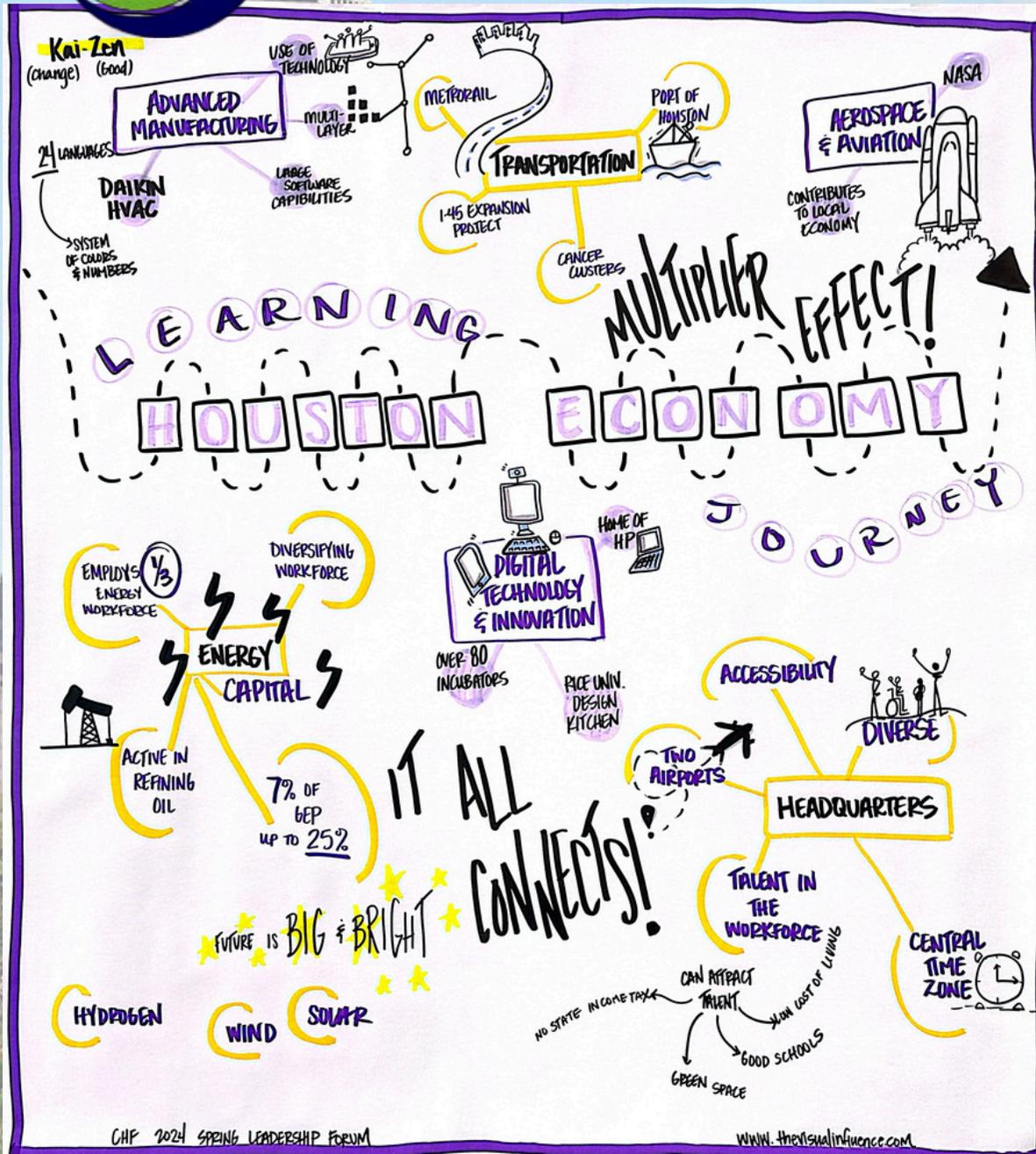
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# Houston Economy



# Houston Economy

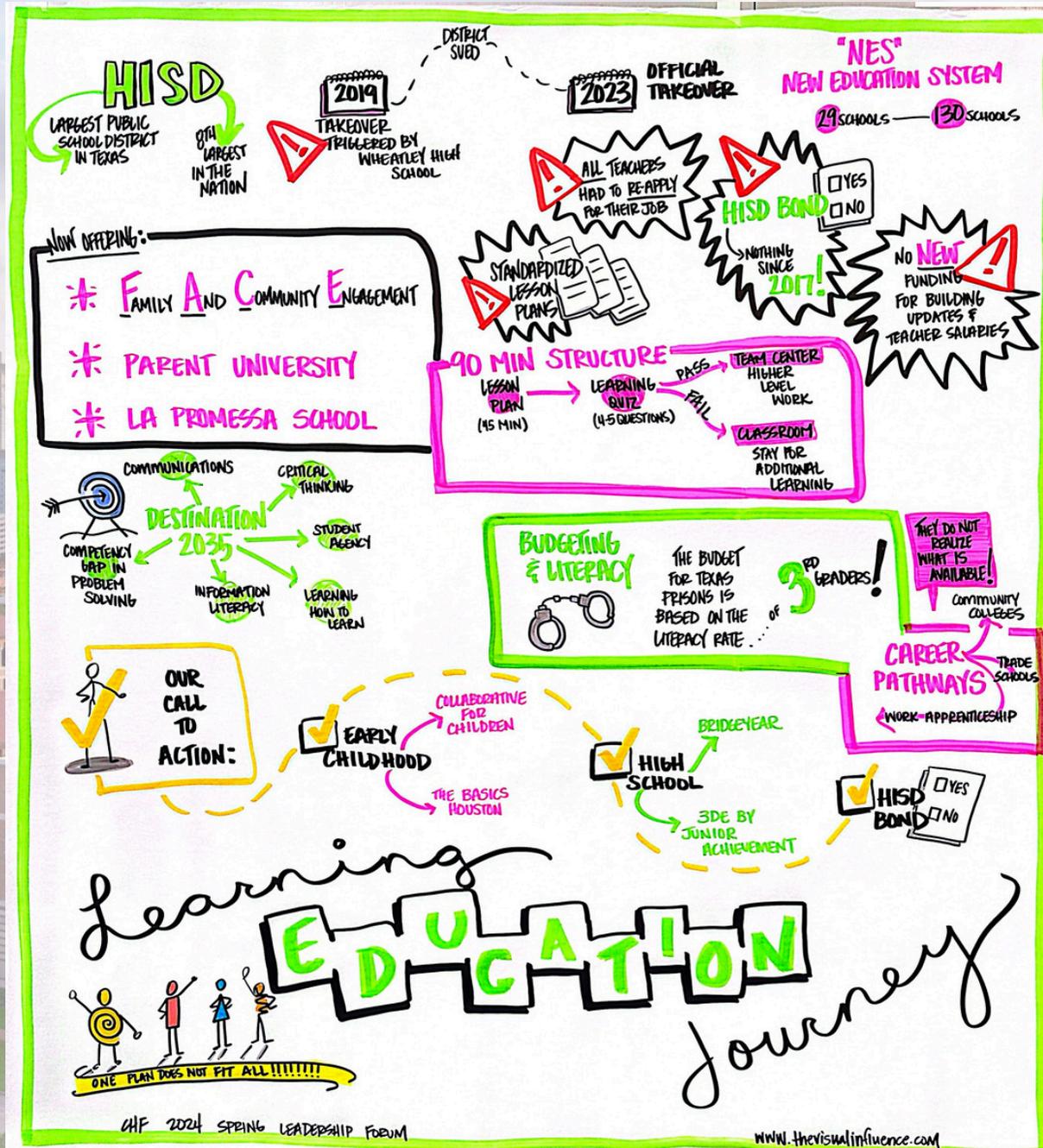
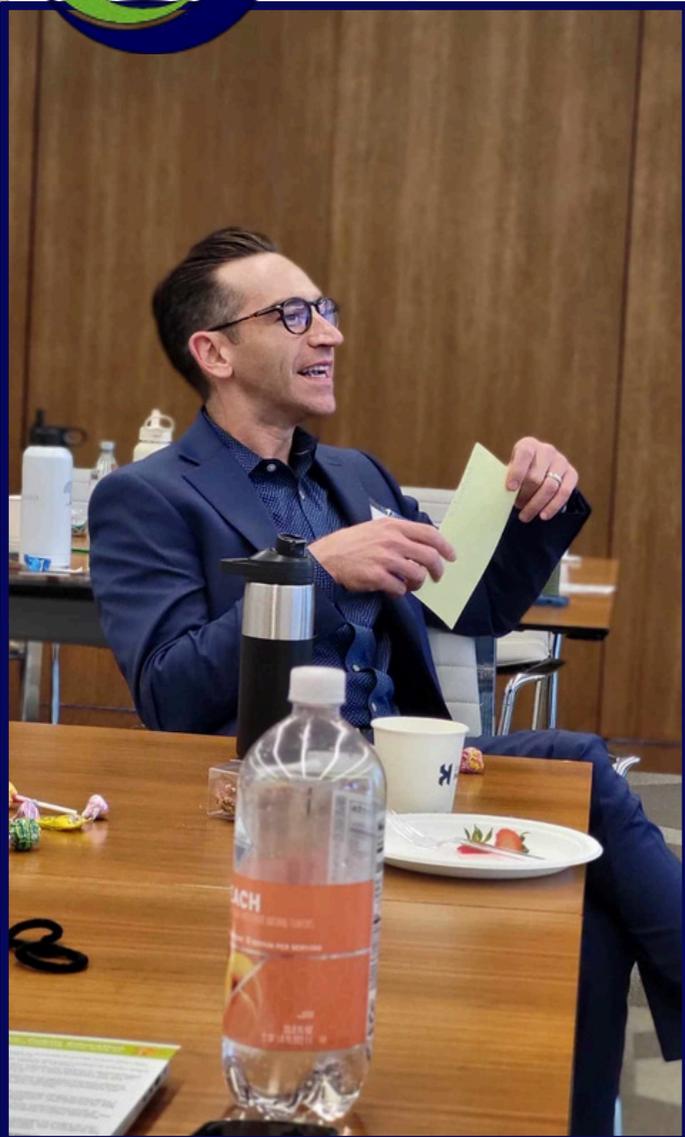




# Education



# Education



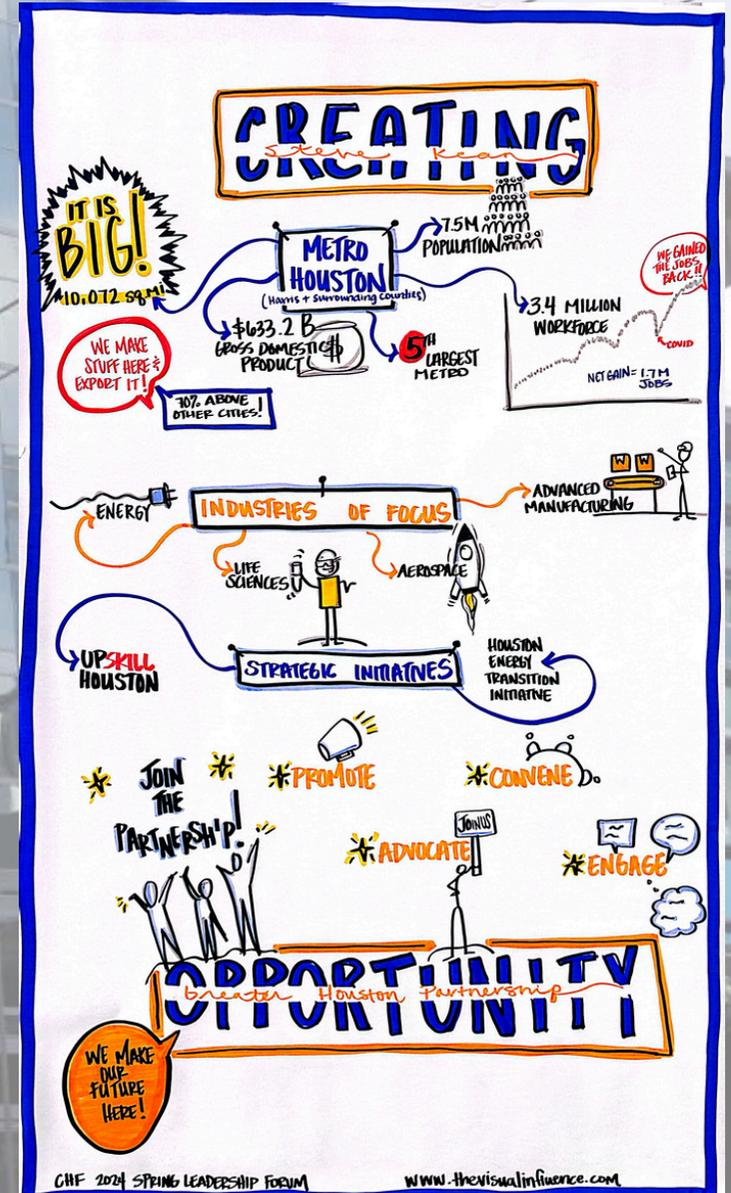


# Session 8: Creating Opportunity

Steven Kean: President & CEO  
Greater Houston Partnership



# Creating Opportunity



# What's Next: Graduate Engagement



## Engaging with the Center

To complement all we had learned during the learning journey presentations, we learned more about the Center for Houston's Future initiatives from Cindy Yielding, the Center's Board Chair.



# Graduation





# Congratulations CHF Spring Class of 2024





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